

Nova Scotia

Seniors Housing Network

June 12, 2012

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Changing Demographics

- Population aging is a global phenomenon
- Nova Scotia has the highest percentage of seniors in Canada (16.6%)
- Each month 1000 Nova Scotians turn 65

Aging in Place

- Aging in Place is the diverse range of programs and housing options needed to ensure seniors maintain personal dignity and functional independence in their homes, neighbourhoods, or communities for as long as possible.

Strategy for Positive Aging

- Comprises 9 goals
- Goal topics:
 - Celebrating Seniors
 - Financial Security
 - Health and Well-Being
 - Maximizing Independence
 - Housing Options
 - Transportation
 - Respecting Diversity
 - Employment and Life Transitions
 - Supportive Communities

Aging in Place – What Seniors Want

- Majority of Canadian seniors say they wish to remain in their homes for as long as possible
- 87% of Atlantic seniors have no plans to move
- All Canadians should be able to age in their place of choice

Aging in Place – Factors

- Several other factors influence a person's residence:
 - household income
 - family needs (e.g., proximity to extended family and caregiving)
 - type of community (rural/urban)
 - health status
 - access to services
 - home characteristics (e.g., size, design, maintenance)
 - transportation options

Aging in Place - Discussion

- Seniors are not a homogeneous group
- A wide-range of solutions are required in order to meet the functional needs and enhance quality of life for all seniors
- Topics for discussion today on health care, family caregiving, social support, yard and home maintenance

Aging in Place - Need

- Today starts important dialogue
- We need
 - Innovative Thinking
 - Creative Solutions
 - Collaboration

Aging in Place – Department Examples of Collaboration

- Department of Seniors has 3 grant-based initiatives to support community-based solutions
 - Positive Aging Fund
 - Senior Safety Grant
 - Age-Friendly Communities Program

Aging in Place – Today's Outcome

Opportunity to begin the dialogue, gather information and discover ways to help seniors remain independent in their homes and communities for as long as possible

Thank You!



www.gov.ns.ca/seniors

Seniors


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